



## PRE-OP REMINDERS FOR YOUR PROCEDURE

KEEP A COPY OF ALL YOUR PAPERS IN CASE THE HOSPITAL "CAN'T FIND" THEM THE DAY OF YOUR ARRIVAL.

- Your **pain medication** for surgery **was/will be electronically** sent to your pharmacy of record
- Read** your consent form.
- Pre-Op Lab Work (including COVID-19 testing if applicable)** to be drawn at the hospital before your procedure The hospital will contact you to coordinate your appointment for this.
- EKG, Chest X-ray** to be completed at the hospital before your procedure. The hospital will contact you to coordinate your appointment for this.
- All **Pre-Op workup**, such as medical clearances or diagnostic radiology imaging should be done as soon as possible to avoid any delays for your surgery.
- Do **not** take any type of aspirin, non-steroidal or anti-inflammatory medications (**Advil, Aleve, Ibuprofen, Motrin, Naproxen**), or any **Supplements/Vitamins** for at least **7 days** before procedure unless you are otherwise instructed. For pain you can **ONLY USE** Tylenol, or narcotic (Vicodin, etc) for pain relief.
- Do **not** take antiplatelet drugs (antiaggregant) e.g. Plavix, Pradaxa, Aggrastat for 7 days prior to your procedure. **If** you are taking any anticoagulant drugs, make sure you have a plan with your prescribing doctor regarding discontinuation and/or the amount of days you have to bridge with Lovenox.
- Do **not** take any ACE inhibitors or Angiotensin II Receptor Blockers (ARBs) for **24 hours before surgery**. ANESTHESIA **\*MAY CANCEL IF YOU DO!** See attached list for ACE inhibitors.
- If** you are taking diabetic medication, make sure you have informed your surgeon. Your surgeon will advise when to stop, if at all.
- Bowel prep/**clear liquid diet** instructions (to clean out your bowels) will be given to you, if needed. Read instructions carefully. Do your bowel prep **THE DAY BEFORE YOUR PROCEDURE**.
- Fast 8 hours** before surgery. **Only a SIP** of water to swallow your regular morning medication is **allowed** (No ACE inhibitors or diabetic medications)
- Arrive two hours** before your procedure to admitting unless you are otherwise instructed.
- Anesthesiology will contact you the day before or the day of surgery to discuss anesthesia issues.
- The surgery scheduler will call you with your date and time of surgery.



### **List of Common Antiplatelet Drugs:**

- Cyclooxygenase inhibitors
- Aspirin
- Adenosine diphosphate (ADP) receptor inhibitors
- Clopidogrel (Plavix)
- Prasugrel (Effient)
- Ticagrelor (Brilinta)
- Ticlopidine (Ticlid)
- Phosphodiesterase inhibitors
- Cilostazol (Pletal)
- Glycoprotein IIB/IIIa inhibitors (intravenous use only)
- Abciximab (ReoPro)
- Eptifibatide (Integrilin)
- Tirofiban (Aggrastat)
- Adenosine reuptake inhibitors
- Dipyridamole (Persantine)
- Thromboxane inhibitors
- Thromboxane synthase inhibitors
- Thromboxane receptor antagonists
- Terutroban

The Department of Anesthesia have an updated guideline that patient's on ACE inhibitors and Angiotensin II Receptor Blockers (ARBs) coming to the OR for surgery must stop taking these agents for 24 hours prior to surgery. ACE inhibitors and ARBs have relatively long half-lives and no significant rebound effect when stopped for 24 hours.

### **List of Common ACE inhibitors & ARBs:**

- Benazepril hydrochloride (Lotensin)
- Captopril (Capoten)
- Enalapril Maleate (Vasotec)
- Fosinopril sodium (Monopril)
- Lisinopril (Prinivil, Zestril)
- Moexipril (Univasc)
- Perindopril (Aceon)
- Quinapril hydrochloride (Accupril)
- Ramipril (Altace)
- Trandolapril (Mavik)
- Azilsartan (Edarbi)
- Candesartan (Atacand)
- Eprosartan mesylate (Teveten)
- Irbesartan (Avapro)
- Losartin Potassium (Cozaar)
- Olmesartan (Benicar)
- Telmisartan (Micardis)
- Valsartan (Diovan)